



GREATER **TIMES**

**WEEKLY NEWS LETTER OF
ROTARY CLUB OF RAJKOT GREATER**

(For internal circulation only)

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R.I. President

Rtn. Shekhar Mehta

District Governor

Rtn. Santosh Pradhan

Circular 32

Meeting 43:

Programme: : AG Visit.
Date: : 31st March 2022, Thursday.
Time: : 8:15 PM.
Menu: : Dinner.
Venue: : D. P. Doshi Rotary Greater Bhavan.
Invitee: : Rotarians, Anns and Annets.
Dress Code: :
Men: : Any Choice with Rotary Pin.
Women: : Any Choice with Bandhni Dupatta.

Upcoming Meetings:

06th April 2022- DG Visit.

Birthdays:

01-Apr	Rtn. Akshay Dhami	98240 64222
01-Apr	Ann. Urvashi Vadher	87580 10310
04-Apr	Rtn. Priyanka Upadhyay	98792 50006
04-Apr	Rtn. Rajen Shah	99253 77733
04-Apr	Rtn. Vimlesh Shah	94262 64140

Interesting facts about our A.G. Rtn. Dr. Kalpit Sanghvi :

- **Profession :**

Runs 2 Homoeopathic Medical Colleges,
Vision Informatics and IT firm and Several other Assignments of Health
Care Consultancy Pan India.

- **Social Engagements :**

Rotary Member since 2011,
PP RC Rajkot (1938 Chartered Club) 2019-20,
And AG for Current year.
President - Rajkot Management Association (Under the Aegis of AIMA)
President - CIMSME Gujarat State MSME Growth
Member Gujarat Homoeopathic Council.

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Club Trainer
P.P. Rtn. Nilesh Sheth

Member Scrutiny
P.P. Rtn. Dr. Ketan Bavishi
P.P. Rtn. Darshan Lakhani

Global Grant
P.P. Rtn. Sarju Patel
Rtn. Manish Patel

Dist. Conference
P.P. Rtn. Yash Rathod
Rtn. Nevil Vaishnav

Vaccination / Polio
P.P. Ashvin Lodhiya
Rtn. Aashish Joshi
Rtn. Vimlesh Shah

Club Sports
P.P. Rtn. Dipen Patel
Rtn. Ravi Ganatra

Health / Medical
P.P. Rtn. Dr. Yogesh Mehta
Dr. Kartik Sutariya
Rtn. Dr. Rajiv Shah
Rtn. Kishor Kundaria

Literacy
P.P. Praful Gohil
P.P. Rtn. Pravin Patel
Rtn. Rajen Shah
Rtn. Kalpesh Bagdai

Environment
Rtn. Ankur Sanghvi

C.S.R.
P.P. Rtn. Dipen Patel
P.P. Rtn. Bharat Hapani
Rtn. Kamalnayan Sojitra
Rtn. Prashant Parsana
Rtn. Rajesh Parsana

Fund Raising
P.P. Rtn. Amit Raja
P.P. Yash Rathod
Rtn. Chirag Patel
Rtn. Jaydeep Vadher

Bhavan Chair
Rtn. Binesh Patel

Interact / Rotaract
Rtn. Apoorva Modi
Ann. Rajvi Bharad
Rtn. Anup Joshi
Rtn. Rushit Nathwani

Foundation Chair
P.P. Rtn. Sarju Patel

Club Executive
Rtn. Manish Patel

Club Membership
Rtn. Ravi Chhotai

Club Service
Rtn. Vishma Panchasara

Public Image Chair
Rtn. Jaydeep Vadher

Wellness & Woman
Dr. Ami Mehta

Book/ Movie Talk
P.P. Rtn. Dipak Kothari
P.P. Rtn. Pravin Patel
Rtn. Rajen Shah
Ann. Nivetha Amlani

Our A.G.'s Words to describe him are :

"Educationist engaged in Training and Development is core competence with Transformation Technology applied to bring effective results. Proactive and Initiative to venture in to any new challenges is quality as individual."



Mammography Machine Review :

- Inauguration of Mammography machine was organized on 27th March 2022 Sunday at Cancer Hospital where all the members and their relatives were invited.
- Rotary prayer was delivered by Secretary Rtn. Dr. Hitesh Sapovadia.
- 4- way test was delivered by Rtn. Darshan Lakhani.
- All the guests were welcomed by President Rtn. Paresh Kalavadia.
- Rajkot Cancer Society Chairman Mr. Gaurang Sanghvi and Dr. Gupta briefed us on the facilities and future plans of the hospital.
- Project speech was given by IPP Rtn. Mehul Nathwani and Global grant was explained by PP Rtn. Sarju Patel.
- Felicitation of Donor were done and guest speech were given.
- Speeches of Survivor patients were also given.
- Words of wisdom were given from our Chief Guest IPDG Rtn. Prashant Jani.
- Vote of thanks given by Nilesh Bhojani followed by National Anthem.









Blood donation camp review :

સિવિલ હોસ્પિટલ રાજકોટના થેલેસેમીયા ગ્રસ્ટ બાળકોના લાભાર્થે રોટરી ક્લબ ઓફ રાજકોટ ગ્રેટર, જૈન યુવા જુનિયર તથા શ્રીમદ રાજચંદ્ર સેવા ગૃપના સંયુક્ત ઉપક્રમે આજે બ્લડ ડોનેશન કેમ્પનું સુંદર આયોજન કરવામાં આવ્યું. આ સહયોગી પ્રયાસથી કુલ ૮૭ બોટલ બ્લડ એકઠું થયું. આ તબક્કે રોટરી ડિસ્ટ્રિક્ટ ૩૦૬૦ના આઈ.પી.ડી.જી. પ્રશાંતભાઈ જાનીએ ખાસ ઉપસ્થિત રહીને રોટેરીયન્સનો ઉત્સાહ વધાર્યો.

-Rtn Jaydev Shah.



From the Desk of Editor :

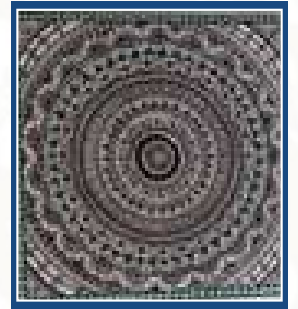
Mandala Art :

- The expressions of Human creative skill in a visual form such as dancing, singing, music, painting, writing etc. is an art.
- Art in any form is self-expression of your thoughts, feelings and emotions.
- My interest in art is painting and sketching.
- It includes folk art, Portraits, natural Scenery, Abstract and anything that I have taken fancy too.
- Today I will talk my journey of Mandala art.
- For mothers, almost all her activities get revolved around her family, mostly kids.



- Ann. Neha Sheth

- This is more in case of homemaker mothers.
- And when kids grow up and leave the nest for building their bright future, mothers are most happy but it also leaves certain amount of vacuum in her life.
- She is left with large amount of time at her disposal.
- This happened with me also. Then the thought came to revive my old love for painting.
- Today I will talk about Mandala Art.
- The name Mandala comes from Sanskrit word for circles and it refers to the sense of wholeness by circular forms and patterns.
- In the beginning, I started doing patterns in small circles and it really caught my attention.
- You could do and number of patterns, big or small, bold or minute as per your imagination.
- **As you start doing it your mind is flooded with more and more ideas.**
- I can happily 3-4 hours and sometimes loose sense of timings also.
- Study says that it also boosts immune systems, reduce stress and pain, promote good sleeps, lower blood pressure and ease depression so it's also therapeutic.
- My mother always tells me to engage myself in some religious rituals for spiritual growth.
- Truly speaking I am not deep into my religious activities for spiritual growth, doing mandala gives me equal amount of spiritual boosting.
- It also represents spiritual journey. Starting from outside to the inner core through layers.
- It improves and promotes my concentration.
- Moreover, it makes me happy, it makes me feel good and sense of creative satisfaction.



Thought of the Week:



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